



Anti-Bullying Policy for Pupils

Papworth Hall is a place where everyone has the right to be themselves. It is a place where everyone can feel safe, be happy and learn.

Everyone at our school is equal and acts with respect and kindness towards each other. Our values are be:

safe
understood
happy
ambitious
successful

Bullying is when a person is hurtful or unkind to someone else, on purpose and more than once. Bullying can be done by one person or by a group of people.

At Papworth Hall we believe that bullying is being mean several times on purpose:

S everal
T imes
O n
P urpose

If someone is being hurtful or unkind to you several times on purpose, for whatever reason, that is bullying.



What is bullying?

You can experience physical bullying, verbal bullying, indirect bullying and cyber bullying.



- Hitting someone, or saying you are going to hit someone.
- Touching someone when they don't want you to.
- Calling someone names, teasing, using rude language or saying nasty things about someone to them or other people.
- Stealing or damaging someone else's belongings.
- Ignoring someone or leaving them out on purpose.
- Sending hurtful messages, emails or online messages to someone or about someone.

What should I do if I am being bullied?

If you are being bullied it is important to tell someone you trust - an adult at home or school, you can ask a friend to help you.

You can tell:

- a teacher
- any other staff in school
- an adult at home
- a trusted friend
- write a note
- you can also call Childline on 0800 11 11

What should I do if I think someone is being bullied?

Talk to the person and ask if they are OK.

Try and find out if they want to speak to a teacher or adult they trust.

What will happen when I've told an adult?

If you tell a teacher or another trusted adult at school they will be able to help you.

They may talk to another adult in your class, Jane, Carolyn or Paul or a parent/carer so that they can help you.

Telling an adult will not make the bullying worse. They will talk with you and find ways to stop the bullying.

Remember to **STOP**:

Start **T**elling **O**ther **P**eople





Bullying can be about:

- Race or ethnicity (racist bullying)
- Religion or belief
- Family culture
- Sexist bullying, which is bullying someone due to their gender. For example, because they are a boy or a girl, or saying they are acting 'like a boy' or 'like a girl'.
- Homophobic bullying. For example, because someone might have two mums or two dads, or saying unkind or nasty words like' you're so gay'.
- Special educational needs or disability
- what someone looks like
- where someone lives

Bullying is never ok.

Sometimes people will need help to learn about things they say that might be hurtful.

STOP and tell and adult - we can help you.